

# CLIENT-COUNSELLOR **FEEDBACK**

You may submit this anonymously if you wish

Your feedback to your counsellor is an important part of a counsellor's professional development and a chance for you to express your thoughts and feelings about how the process went.

Please circle the number that most accurately describes your strength of agreement with each statement

## **THE WORKING RELATIONSHIP WITH YOUR COUNSELLOR**

My counsellor understood me and my perspective.

**Strongly Agree 5 - 4 - 3 - 2 - 1 Strongly disagree**

My counsellor accepted me without judgement.

**Strongly Agree 5 - 4 - 3 - 2 - 1 Strongly disagree**

My counsellor made me feel we had a safe and trusting place to talk.

**Strongly Agree 5 - 4 - 3 - 2 - 1 Strongly disagree**

My counsellor allowed me room to go where I needed to go.

**Strongly Agree 5 - 4 - 3 - 2 - 1 Strongly disagree**

My counsellor was able to challenge me when appropriate.

**Strongly Agree 5 - 4 - 3 - 2 - 1 Strongly disagree**

## **THE RESULTS OF YOUR COUNSELLING WORK TOGETHER.**

I found that when my counsellor challenged me, it made me think differently.

**Strongly Agree 5 - 4 - 3 - 2 - 1 Strongly disagree**

This work with my counsellor helped me with the issue(s) that prompted me to seek help.

**Strongly Agree 5 - 4 - 3 - 2 - 1 Strongly disagree**

I feel that I am in a better place now than before I started this work.

**Strongly Agree 5 - 4 - 3 - 2 - 1 Strongly disagree**

I feel that resolving one issue has uncovered another.

**Strongly Agree 5 - 4 - 3 - 2 - 1 Strongly disagree**

## **OVERALL SATISFACTION**

I feel my overall satisfaction is.

**Very satisfied 5 - 4 - 3 - 2 - 1 Very dissatisfied**

Based on my experience, I would recommend my counsellor to others.

**Highly recommend 5 - 4 - 3 - 2 - 1 Strongly discourage**



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## **OTHER COMMENTS**

Please use this space to detail anything else that you would like the counsellor to consider. It may be there are some things you couldn't discuss or something you very much appreciated. Positive or negative, let your counsellor know anything that you need them to know. Whatever you write will be treated in the strictest confidence.

